

SOCIETIES AND MEMBERSHIPS

BAAPS (British Assoc Aesthetic Plastic Surgeons)

BAPRAS (British Assoc of Plastic Reconstructive and Aesthetic Plastic Surgeons)

FRCS (Fellow of the Royal College of Surgeons)

GMC (General Medical Council – Specialist Register Plastic Surgery)

European Society of Rhinoplasty Surgeons

British Society of Rhinoplasty Surgeons

EDUCATION

2011	FRCS(Plast)
2004-2006	MD, Imperial College (awarded 2007)
2003	MRCS (Eng)
2003	MRCS (Ed)
1994-2000	MB BS St George's Hospital Medical School (Double Distinction)
1996-1997	BSc (Hons) 2:1 Intercalated Basic Medical Sciences and Immunology

FELLOWSHIPS

2013	Aesthetic Fellowship – Wellington Hospital, London
2012	Training Interface Cleft Fellowship – South Thames Cleft Service
2009	Craniofacial Fellowship – Chelsea and Westminster

PRIZES AND AWARDS

2025	Best Abstract – EROC 2025 ENT meeting, Dubai, UAE
2020	Gold Medal PRS Journal - paediatric and craniofacial section
2019	CFSGBI Audit Prize - Antibiotic Prophylaxis in Primary Cleft Surgery: Does Reduced Duration Increase Early Complications?
2000	Herbert Allingham prize for surgery; performance in MB BS finals
2000	Brackenbury prize for medicine; performance in MB BS finals
2000	University of London distinction for surgery
2000	University of London distinction for medicine
1999	Cordina Radiological Elective Grant; St George's Hospital

EMPLOYMENT HISTORY

SUBSTANTIVE CONSULTANT APPOINTMENT

PLASTICS UNIT	GRADE	FROM	TO	PARTICULARS
Guys and St Thomas' NHS Trust, London	Substantive Consultant	April 2013	Current	Consultant Plastic Surgeon with a specialist interest in cleft lip and palate
Independent Private Practice	Consultant	April 2023	Current	Across several specialist London hospitals including the Cadogan clinic, Sloane Square

Plastic Surgery Training

PLASTIC SURGERY	GRADE	FROM	TO	PARTICULARS
Wellington Hospital, London	Aesthetic Fellowship	1 st Jan 2013	31 st March 2013	Working with Normal Waterhouse; David Floyd; Niall Kirkpatrick; Addie Grobelaar
Guys + St Thomas' Hospital	TIG Cleft Fellowship	1 st Jan 2012	31 st Dec 2012	Jon Boorman; Prof Piet Haers; Norma Timoney; adult and paediatric cleft surgery
Guys + St Thomas' Hospital	SpR 9 months	6 th April 2011	1 st Jan 2012	4 months Roy Ng; Head and Neck reconstruction; 2 months Jenny Geh; Skin cancer; 4 months Norma Timoney; cleft and paediatric hand surgery
Great Ormond Street	SpR 6 months	1 st Oct 2010	5 th April 2011	6 months of cleft; craniofacial; congenital hand and paediatric plastic surgery; Neil Bulstrode; Brian Sommerlad; Loshan Kangesu; Gill Smith
Charing Cross	SpR 6 months	1 st July 2010	1 st Oct 2010	Simon Wood – 6 months microsurgery -breast + head and neck reconstruction
Charing Cross	SpR 4 months	1 st March 2010	1 st July 2010	Simon Eccles - 4 months breast and head and neck reconstruction
Charing Cross	SpR 2 months	1 st Jan 2010	1 st March 2010	Shehan Hettiaratchy –lower limb and microsurgery
Charing Cross	SpR 3 months	1 st July 2009	1 st Oct 2009	Prof Nanchahal + Adam Topping - lower limb + breast reconstruction
Chelsea + Westminster	Fellowship 3 months	1 st April 2009	1 st July 2009	3 month C+W craniofacial fellowship
Chelsea + Westminster	SpR 6 months	1 st Oct 2008	1 st April 2009	SpR to Niall Kirkpatrick, Chelsea craniofacial unit
Chelsea + Westminster	SpR 6 months	1 st April 08	1 st Oct 2008	SpR to Greg Williams as the C+W burns SpR
Chelsea + Westminster	SpR 6 months	1 st Oct 07	1 st April 2008	SpR to Effie Katsarma, specialist interest hand and general surgery
Royal Free, London	SpR LAT 12 months	1st Oct 06	Sept 31st 07	Catherine Darcy; breast reconstruction: Paul Cussons; general plastic surgery: Walid Sabbagh; Ear reconstruction
Broomfield Hospital, Chelmsford + Imperial College London	Research Registrar 24 months	Aug '04	Aug '06	<u>Research</u> - MD in peripheral nerve injury at Imperial College, with Professor Praveen Anand. <u>Clinical Work</u> –2 sessions/ week clinical training at Chelmsford; Trauma Surgery; Clinics; Minor ops
Addenbrookes Hospital,	SHO 6 months	Feb '04	Aug '04	Michael Irwin- breast recon; Charles Malata - head + neck; Per Hall - Cleft
Broomfield, Chelmsford	SHO 6 months	Aug '03	Feb '04	Post included eight week attachment to burns unit working for Peter Dziewulski. + Brain Sommerlad - Cleft

RESEARCH

PEER REVIEWED PUBLICATIONS

- 1) Song MSH, **Atherton D**. Does the Buccal Fat Pad Flap Reduce Fistula Rates in Cleft Palate Repair? *Cleft Palate Craniofac J*. 2025 Dec 3
- 2) Ng SM, Sakin I, **Atherton D**. Adjuncts to Cleft Rhinoplasty and Beyond the Core Procedure. **J Biomed Res Environ Sci**. 2025 Mar 08; 6(2): 214-220. doi: 10.37871/jbres2075, Article ID: JBRES2075
- 3) CleftED: A National Collaborative Study of Undergraduate Education and Exposure to Cleft lip and Palate Within the United Kingdom. Rehman U, Pezas T, Timoney N, **Atherton D**; **Cleft Palate Craniofac J**. Nov 2023 Online ahead of print
- 4) Piezoelectric Instrumentation in Secondary Cleft Rhinoplasty: Techniques and Clinical Experience. Thomson RM, Abdelrazek M, **Atherton D**. **J Plast Reconstr Aesthet Surg**. 2023 Jul;82:276-278
- 5) Educational impact of a novel cleft palate surgical simulator: Improvement in Surgical Trainees' knowledge and confidence. Nicholas R, Heinze Z, Papavasiliou T, Fiadeiro R, **Atherton D**, Timoney N, Echlin K. **J Plast Reconstr Aesthet Surg**. 2022 Oct;75(10):3817-3825
- 6) John H, Koutsoulieri L, Shaw A, Lin JP, Rahman S, Ferguson L, Timoney N, **Atherton D**. The importance of neurology and genetic testing in the patient with non-cleft velopharyngeal dysfunction. **Int J Pediatr Otorhinolaryngol**. 2021 July; 146
- 7) Schlabe J, Echlin K, **Atherton D**. A comparison of piezo surgery osteotomies vs. traditional internal osteotomies as preformed by trainee surgeons; a cadaveric study. **Ann R Coll Surg Engl**. 2021 Apr;103(4):272-277
- 8) M Schwaiger, H Cook, Z Jordan, SJ Edmondson, J Wallner, I Mischak, **D Atherton**, P Haers, N Timoney, L Ferguson. Robin Sequence: 5-year speech outcomes - a case control study. **Plastic Reconstr Surg**. 2021 - Volume 147 - Issue 3 - p 676-686
- 9) Fallico N, Rahman S, Ferguson L, **Atherton D**, Timoney N A simple but effective way to protect the oral commissures during cleft surgery. **J Plast Reconstr Aesthet Surg**. 2020 Oct;73(10):1897-1916
- 10) Echlin K, Whitehouse H, Schwaiger S, Nicholas R, Fallico N, **Atherton D**. A cadaveric study of the buccal fat pad: implications for closure of palatal fistulae and donor site morbidity. **Plastic Reconstr Surg**. 2020 Dec;146(6):1331-1339
- 11) Fallico N, Timoney N, **Atherton D**. Use of Preoperative Cervical Vascular Imaging in Patients With Velocardiofacial Syndrome and Velopharyngeal Dysfunction in the United Kingdom. **Cleft Palate Craniofac J**. 2020 Jun;57(6):694-699
- 12) Schwaiger M, Edmondson SJ, Wallner J, Mischak I, Echlin K, Paddle A, **Atherton D**. Influence of different techniques of secondary cleft lip revision surgery on upper lip projection. **Int J Oral Maxillofac Surg**. 2020 Jun;49(6):726-733
- 13) Schwaiger M, Echlin K, **Atherton D**, Haers P. The use of Medpor implants for midface contouring in cleft patients. **Int J Oral Maxillofac Surg**. 2019 Sep;48(9):1177-1184
- 14) Paddle A, Wordsworth M, **Atherton DD**. Silicone lip implant for augmentation in cleft lip. **J Plast Reconstr Aesthet Surg**. 2018 Apr;71(4):546-547.

- 15) Bucknor A, Sawyer A, **Atherton DD**. The facial artery musculomucosal flap in the reconstruction of the cocaine-induced hard palate fistula. **European Journal of Plastic Surgery**. Dec 2016, Vol. 39 Issue 6, p463-466. 4
- 16) **Atherton DD**, Boorman JG. Use of a purified collagen membrane to aid closure of palatal fistulae. **J Plast Reconstr Aesthet Surg**. 2016 Jul;69(7):1003-7
- 17) Lane J, Butler D, Cheng L, D'Ancona G, Timoney N, **Atherton D**. Improving prescribing in paediatric cleft surgery: Developing an online order set.. **Int J Surg**. 2013 Oct;11(8):678
- 18) **Atherton DD**, Haers P. Midfacial augmentation in teenage cleft patients using malar and paranasal Medpore implants. **Int J Oral Maxillofac Surg**. 2014 Jul;43(7):824-6
- 19) Sarraf K, **Atherton DD**, Jones I. Salvage of the lower limb following a full thickness burn with loss of the knee extensor mechanism. **Journal of Orthopaedic Surgery** (Hong Kong). 2013 Apr;21(1):122
- 20) **Atherton DD**, Hills AJ, Moradi P, Muirhead N, Wood SH. The economic viability of breast reconstruction in the UK: comparison of a single surgeon's experience of implant; LD; TRAM and DIEP based reconstructions in 274 patients. **J Plast Reconstr Aesthet Surg**. 2011 Jun;64(6):710-5.
- 21) Moradi P, Glass GE, **Atherton DD**, Eccles S, Coffey M, Majithia A, Speirs A, Clarke PM, Wood SH. Reconstruction of pharyngolaryngectomy defects using the jejunal free flap: A 10-year experience from a single reconstructive centre. **Plast Reconstr Surg**. 2010 Dec;126(6):1960-6
- 22) **Atherton DD**, Latif A, Williams G. Practical management of the burnt patient with epidermolysis bullosa. **Burns**. 2010 Sep;36(6):e99-101.
- 23) **Atherton DD**, Joshi N, Kirkpatrick N. Augmentation of temporal fossa hollowing with Mersilene mesh. **J Plast Reconstr Aesthet Surg**. 2010 Oct;63(10):1629-34
- 24) Boyce AK, **Atherton DD**, Tang R, Jawad M. The Use of Matriderm® in the Management of an Exposed Achilles Tendon Secondary to a Burns Injury. **J Plast Reconstr Aesthet Surg**. 2010 Feb;63(2):e206-7
- 25) **Atherton DD**, Tang R, Jones I, Jawad M. Early excision and application of Matriderm® with simultaneous autologous skin grafting in facial burns. **Plast Recon Surg**. 2010;Feb 25(2):60e-1e
- 26) Wood S, **Atherton DD**, Stevens R, Williams G. Gastric acid burns as a consequence of binge drinking. **J Plast Reconstr Aesthet Surg**. 2010 Jan;63(1):e122-3.
- 27) Sarraf K, **Atherton DD**, Jones I, Jawad M. Self removal of unwanted tattoos. **Br J Hosp Med**. 2009 Dec; 70(12):721.
- 28) Roberts K, Papadaki A, Goncalves C, Tighe M, **Atherton D**, Shenoy R, McRobbie D, Anand P. Contact heat evoked potentials using simultaneous EEG and fMRI and their correlation with evoked pain. **BMC Anesthesiology** 2008 Dec 17;8(1):8
- 29) **Atherton DD**, Taherzadeh O, Elliot D, Anand P. Age-dependent development of chronic neuropathic pain, allodynia and sensory recovery after upper limb nerve injury in children. **J Hand Surg Eur Vol**. 2008 Apr;33(2):186-91.
- 30) **Atherton, DD**, Fabre J, Anand P, Elliot D. Relocation of painful neuromas in Zone III of the hand and forearm. **J Hand Surg Eur Vol**. 2008 Apr;33(2):155-62.
- 31) **Atherton DD**, Sreetharan V, Mosahebi A, Prior S, Willis J, Bishop J, Dzeiwulski P. A randomised controlled trial of a double layer of Allevyn compared to Jellonet and proflavin as a tie-over dressing for small skin grafts. **J Plast Reconstr Aesthet Surg**. 2008;61(5):535-9

- 32) **Atherton D**, Facer P, Roberts, K. Misra P, Anand P. Use of the novel contact heat evoked potential stimulator (CHEPS) for the assessment of small fibre neuropathy: correlations with skin flare responses and intra-epidermal nerve fibre counts. **BMC Neurology** 2007 Aug 3; 7:21
- 33) **Atherton, D** and Elliot, D. Use of the brachialis muscle for relocation of individual lateral antebrachial cutaneous nerves of the forearm. **J Hand Surg [Br]** 2007 Jun 32(3): 311-5
- 34) **Atherton, D**. Leong, J. Anand, P. Elliot, D. Relocation of Painful End Neuromas and Scarred Nerves from the Zone II Territory of the Hand. **J Hand Surg [Br]**. 2007 Feb;32(1):38-44.
- 35) **Atherton D**, Taherzadeh O, Facer P, Elliot D, Anand P. The role of Nerve Growth Factor (NGF) in painful neuromas and the mechanism of pain relief by their relocation to muscle. **J Hand Surg. [Br]**. 2006. 31B: 6: 652-6
- 36) Mosahebi A, **Atherton D**, Ramakrishnan V. Immediate bilateral autologous breast reconstruction for silicone intolerance. **Br J Plast Surg**. 2005 Jul; 58(5):714-6

BOOK CHAPTERS

Chou E, **Atherton DD**. Plastic Surgery. In: Fisher RA, Ahmed K, Dasgupta P, editors. Introduction to Surgery for Students. Springer 2017.p. 283-296

Atherton DD, Moradi P, Hettiaratchy S, Nanchahal J. The gastrocnemius flap. In The International Book of Flaps. Ed. Kayvan Shokrollahi, Iain S Whitaker, Foad Nahai

E- learning

Atherton DD, Sindhali K. BAPRAS e learning platform; Cleft lip repair

Atherton DD, Dupre S. BAPRAS e learning platform; VPD and cleft speech assessment

TEACHING

Invited lecturer and faculty

- 2026 British Society of Rhinoplasty Surgeons. Invited faculty. 3 lectures
- 2025 Cadaveric course rhinoplasty course Newcastle University - faculty
- 2025 SurgEON – Stanford lecture series – functional septorhinoplasty in cleft surgery
- 2025 British Society of Rhinoplasty Surgeons. Invited faculty. 4 lectures
- 2025 Faculty World cleft congress Frankfurt, Germany; invited faculty- cleft rhinoplasty masterclass
- 2025 UCL – BSC basic surgical sciences lecture series on plastic surgery through the year
- 2025 KCLPras – undergraduate cleft lip and palate faculty
- 2025 ICPras -septoplasty faculty
- 2024 BAAPS (British Assoc Aesthetic Plastic Surgery) invited faculty – Deprojection rhinoplasty talk
- 2024 European Cleft Meeting (ECPCA) – Cleft rhinoplasty masterclass and panel
- 2023 BAPRAS certified cleft lip and palate course – faculty
- 2023 Cadaveric course rhinoplasty course Nottingham University - faculty
- 2019 ISAPS (International Society of Aesthetic Plastic Surgeons) 2019 Faculty
“Starting out in rhinoplasty”
“The final 10 minutes of surgery and mistakes I have made”
- 2019 BSRS (British Society of Rhinoplasty Surgeons) 2019 Faculty
“Secondary restoration of the soft triangle”
“Nostril rim and tip support”
- 2019 Faculty - Inter speciality National Cleft study Day
- 2018 Faculty – Cadaveric cleft anatomy and rhinoplasty course. Guys Hospital
- 2017 Inter speciality National Cleft study Day
- 2016 Inter speciality National Cleft study Day